

Alex Assisted Living (AAL) is committed to following the current regulatory guidelines from the Centers for Disease Control (CDC), the Minnesota Department of Health (MDH), and where applicable, the Centers for Medicare and Medicaid Services (CMS) pertaining to Non-medically Necessary Outing's guidance during the COVID-19 pandemic.

Alex Assisted Living follows strict regulations and guidelines to prevent entry and lower the risk of spreading COVID-19 in our building. COVID-19 is highly contagious, spread is possible before people show symptoms. AAL recognizes that residents in our setting are particularly vulnerable to the serious consequences of COVID-19. Alex Assisted Living facilitates the following procedures for non-medical outings during the pandemic:

### **General Non-Medically Necessary Outing Policies**

- All outings must be scheduled. Contact Maggie, Casi, or Kyleen at 320.762.8345 to schedule an outing.
- All persons must be screened upon entrance to the building before picking up a resident for an outing.
- Alex Assisted Living reserves the right to limit the number of persons picking up the resident into the building at any one time.
- Alex Assisted Living reserves the right to limit the length of time persons picking up a resident are in the building.
- Once screened and hand sanitizer is used, the person picking up the resident should go directly to the resident's room, or area they are waiting, and limit movement in the facility. Visiting other residents or staff is prohibited.
- Persons entering Alex Assisted Living are expected to always wear a well-fitting mask.
- Any potential persons picking up the resident who does not pass the entrance screening will be prohibited from entering the building or taking the resident on an outing.
- Residents with confirmed COVID-19 infection, vaccinated or unvaccinated, are quarantined and unable to leave on non-medically necessary outings until criteria is met to discontinue transmission-based precautions.
- Fully Vaccinated Residents are not required to quarantine upon return to AAL (see exceptions below.) Unvaccinated Residents will be required to quarantine upon return to AAL.

### **Unvaccinated Residents and Non-Medically Necessary Outings**

- Resident will quarantine for 14 days upon return to Alex Assisted Living if
  - they have not tested positive for COVID-19 more than 90 days prior to leaving on a non-medically necessary outing.
  - A member of the group the resident was with develops COVID-19 48 hours after the visit, regardless of whether the resident tested positive for COVID-19 within 90 days before returning to the facility.

**Fully Vaccinated Residents and Non-Medically Necessary Outings:**

**A person is considered fully vaccinated for COVID-19 two weeks after the second dose of a vaccine that requires two doses (like Pfizer or Moderna), or two weeks after they get a single dose of a vaccine that requires one dose (like Johnson & Johnson).**

- Resident may gather indoors or outdoors with other people who are *fully vaccinated*.
- Resident may gather indoors or outdoors with *unvaccinated* people from a *single* household who are at *low risk* for severe COVID-19.
- Resident may choose to attend worship, shop, eat in public establishments, or attend other group events while following the core principles of COVID-19 infection prevention.
  - Wearing a mask over mouth and nose
  - Performing hand hygiene
  - Social distancing (6 feet)
  - Social distancing inside Alex Assisted Living upon return
  - Choosing to go out when the 14-day county percent positivity rate is below 5%. (The positivity rate is the percentage of people who test positive for COVID-19 among all the people in the county who are tested) The positivity rate will be posted weekly at the EAST entrance for easy viewing for both residents and visitors.
- Quarantine upon return to AAL is not required unless a member of the group the resident was with develops COVID-19 up to 48 hours after the visit and the resident spent 15 minutes or more in a 24-hour period with that person.

Alex Assisted Living reserves the right to suspend non medically necessary outings if parties are unable to follow guidelines, including proper wearing of personal protective equipment.

Alex Assisted Living is not responsible for enforcing the above guidelines when a resident leaves the building. AAL is not liable for any illness or injury that may occur.

If a resident develops COVID-19 48 hours after a non-medically necessary outing, nursing will notify the resident's first emergency contact and the person whose information was provided on the Screening and Non-Medically Necessary Outings Acknowledgment of Risks and Procedure Relating to COVID-19 form prior to the non-medically necessary outing. If no information was left, only the first emergency contact will be notified. Alex Assisted Living does not take responsibility in notifying other persons involved in the outing.

This policy may be amended when CDC, MDH, and CMS guidance is updated.